DIP-A-2001

LCS-1X

VOCATIONAL DIPLOMA EXAMINATION — JULY, 2024.

LIFE COPING SKILLS

Time: 3 hours Maximum marks: 70

PART A — $(3 \times 3 = 9 \text{ marks})$

Answer any THREE questions out of Five questions in 100 words.

All questions carry equal marks.

- 1. Definition of self-acceptance. சுய ஏற்பு என்றால் என்ன?
- 2. What is team work? குழுப் பணி என்றால் என்ன?
- 3. What are the stages of AIDS infection? எய்ட்ஸ் நோய்த்தொற்றின் நிலைகள் யாவை?
- 4. What is career planning? தொழில் திட்டமிடல் என்றால் என்ன?
- 5. What is the meaning of problem solving? சிக்கலைத் தீர்ப்பதன் அர்த்தம் என்ன?

PART B — $(3 \times 7 = 21 \text{ marks})$

Answer any THREE questions out of Five questions in 200 words.

All questions carry equal marks.

- 6. Explain four stages from motivation to demotivation.
 - உந்துதல் முதல் உந்துதல் குறைதல் வரை நான்கு நிலைகளை விளக்குக.
- 7. Describe about some obstacles to success. வெற்றிக்கான சில தடைகள் பற்றி விவரிக்கவும்.
- 8. What are the strategies of managing conflicts. என்னவிதமான வழிமுறைகள் முரண்பாட்டை சமாளிக்க தேவை?
- 9. Difference between traditional class room and contemporary work environment. பாரம்பரிய வகுப்பறைக்கும் சமகால பணிச் சூழக்கும்
- What are the causes of depression?
 மன அழுத்தத்திற்கான காரணங்களை எழுதுக.

உள்ள வேறுபாடு யாவை?

PART C — $(4 \times 10 = 40 \text{ marks})$

Answer any FOUR questions out of Seven questions in 500 words.

All questions carry equal marks.

- 11. Explain in steps for decision making process. முடிவுஎடுத்தலுக்கான படிநிலைகளை விளக்குக.
- Elaborate the characteristics of successful leader.
 திறமையான தலைவரின் குணாதிசயங்களை விரிவாக எழுதுக.
- 13. How individuals cope with loneliness?
 எவ்வாறு தன் முயற்சியினாலேயே தனிமையை சமாளிக்கலாம்?
- 14. What is change? Explain the twelve steps to implement change?

மாற்றம் என்றால் என்ன? மாற்றத்தை செயல்படுத்துவதற்கான 12 படிநிலைகள் பற்றி விளக்குக.

15. Write in detail about tips for time management. நேரத்தை நிர்வகித்தலுக்கான வழிமுறைகள் யாவை?

- 16. How to prepare yourself for an interview? நேர்காணலுக்கு உங்களை எவ்வாறு தயார்படுத்துவது?
- 17. List out the manifestation of low self- esteem in detail.

குறைந்த சுயமரியாதையின் வெளிப்பாட்டை விரிவாக பட்டியலிடவும்.

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VOCATIONAL DIPLOMA EXAMINATION — JULY 2024.

COMMUNICATION SKILLS

Time: 3 hours Maximum marks: 70

PART A — $(3 \times 3 = 9 \text{ marks})$

Answer any THREE questions out of Five questions in 100 words.

All questions carry equal marks.

- 1. What is communication and list the process of communication?
- 2. Mention any three patterns for "Seeking permission" or "Offering help".
- 3. What are the tips to delivering negative feedback?
- 4. What is leadership skill and its types?
- 5. Arrange in word order.
 - (a) In her there are flowers many garden.
 - (b) Near there cement factory a is house my.
 - (c) You why he did call mad.

PART B —
$$(3 \times 7 = 21 \text{ marks})$$

Answer any THREE questions out of Five questions in 200 words.

All questions carry equal marks.

- 6. What are the guidelines for effective communication?
- 7. Write a dialogue between a shopkeeper and customer.
- 8. Discuss the factors that matter in group discussion.
- 9. What are the five ways to make your audience sit up?
- 10. Write an essay about "Health is Wealth".

PART C —
$$(4 \times 10 = 40 \text{ marks})$$

Answer any FOUR questions out of Seven questions in 500 words.

All questions carry equal marks.

11. Explain in detail the components of interpersonal skills.

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	(f)	He ———— (be) posted as an officer shortly.
	(e)	I have finished my work, ————— I go now?
	` ,	true.
	(d)	all your good wishes come
	(c)	She said that it ——— rain.
	(b)	I get in?
	(a)	I see your ticket?
16.		in the blanks with the following words (May, nt, may have and might have)
15.	Write a letter to your father telling him about your performance in the examination?	
14.	What are the major pitfalls in public speaking and explain the constituents of body language?	
13.	Expl	ain how to draft a speech in detail.
	(e)	Ending a conversation
	(d)	Apologizing
	(c)	Expressing gratitude
	(b)	Congratulating
	(a)	Asking for advice

12. Write any TWO patterns for each of the following

(g)	I — not have time to do this tomorrow.		
(h)	We must work hard so that we ———— pass the examination.		
(i)	If he had been you, he ————— (give) you a seat in his car.		
(j)	I think the director — approve of the plan.		

17. Describe about 10 principles of leadership briefly.